

Announcing the 2022 RMHP-RC 5K/10K Challenge

Sunday, July 24, 2022

For current club members only – a 10K race and a 5K race

Location – East Side of Providence; start and finish on Elmgrove Avenue *

Time: 6:15 AM – 10 K Race – 2 loops
7:30 AM – 5 K Race – 1 loop

There will be one 10K race followed by one 5K race.

The 10K will be limited to those who can complete the race within 1 hour.

All runners will be hand timed. The course has been verified with a measuring wheel.

No entry fees, however, a donation box will be available for those who wish to contribute to the RMHP.

*Start and finish in front of the Brown Stadium on Elmgrove Avenue; south on Elmgrove toward Wayland Square; left onto Elton Street (three blocks after Lloyd Avenue); continue to Blackstone Blvd. - left onto Blvd running against traffic; continue to Elmgrove Ave.; left onto Elmgrove Avenue - continue to Cole Avenue (one block after turning onto Elmgrove); left onto Cole - continue to Woodbury Street (1 block after the 4-way stop at Rochambeau); right onto Woodbury - continue to Elmgrove (first left); left onto Elmgrove - continue to finish line

ENTRY INSTRUCTIONS:

If you definitely plan to compete, email Anne Rothenberg NOW at: rothenbergab@gmail.com
Include your name, which race you plan to run, and your predicted time.

The first 50 members to enter each race are guaranteed a place on the starting line. No entries will be accepted after July 17. At this time, we are uncertain if we will have enough logistical support to allow more than 50 entries per race.

If you're not planning to run but would like to help with various tasks on race day, please let Anne know.

Several days before the race, specific race instructions will be sent out.